



President's Message

At Quality Care Hospice and Palliative Services, patients with chronic, catastrophic and / or terminal illnesses are our priority and reason for being.

That is why we have a select team of health professionals, who are more than committed to caring for the most vulnerable, our patients.

**“Because when is the time
Quality Care Hospice is with you”**

Xavier Pantoja

Mission

Quality Care Hospice and Palliative Service's mission is to offer our patients palliative services in chronic, catastrophic and / or terminal stages. Our home health services with the highest standards of excellence, quality and compassion, this with the support of the best available technology and a committed and highly qualified team.

Vision

We aspire to become the avant-garde alternative in home health services for patients in chronic, catastrophic and / or terminal stages, providing services of excellence that can meet your expectations in care.

For more information

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**“Complying with the highest
quality standards”**



QUALITY CARE HOSPICE



**“WE ARE THE PIONEERS
IN PALLIATIVE CARE”**

QUALITY CARE HOSPICE AND PALLIATIVE SERVICES

Certified by:

The Joint Commission

National Hospice and Palliative Care Organization



Quality Care Hospice and Palliative Services

It is distinguished as pioneers in working on the coordination of palliative services throughout all of Puerto Rico.

What is a Palliative service?

They are the appropriate care for the patient with a chronic, degenerative and irreversible disease where the control of pain and other symptoms requires, in addition to medical support, directed care in the physical, emotional, social and spiritual.

Palliative Care can be offer everyone who suffer from chronic conditions and/or catastrophic

The most frequent signs and symptoms evaluated in palliative services are

- Pain relief
- Treatment for nausea and vomiting
- Treatment to manage diarrhea
- Treatment for managing constipation
- Difficulty getting to sleep
- Loss of appetite
- Shortness of breath

Palliative Care includes treatments for:

- Symptom reduction
- Managing emotions
- Social situations
- Spiritual aspects

Emotional and Social Problems

Patients and families face stress during a chronic and / or catastrophic illness, which can lead to fear, anxiety, hopelessness, or depression. So we include treatment for:

- Depression and anxiety management
- Advice
- Support groups
- Family meetings
- Referrals to mental health professionals

Among the needs raised by patients and families will be carried out:

- Initial evaluation
- Management of Signs and Symptoms
- Advance Directive Education
- On Call program
- Telephone Assistance
- Case Management

What can influence the intensity of symptoms?

In addition to the health condition, other symptoms that deteriorate the patient may occur such as:

- Fear
- Anxiety
- Depression
- Sadness
- Anguish

As an essential part of palliative services we are part of an interdisciplinary group. Which focuses on the following aspects:

- * Medics
- * Nurses
- * Chaplains
- * Social Workers

Support is very important in managing symptoms.

